

5-6-7-8

CHOREOGRAPHER: "Rodeo" Ruth Lambden (UK) Aug 1997

COUNT: 32

TYPE: 4 Wall Line Dance

LEVEL: Beginner

MUSIC: 5-6-7-8 by Steps-148bpm
Any up tempo music

SUBMITTED BY Computer Cowgirl: irene.kiener@virgin.net

COUNTS AND STEPS

HEEL AND TOE TWISTS & CLAP

1 Twist heels left
2 Twist toes left
3 Twist heels left
4 Clap
5 Twist heels right
6 Twist toes right
7 Twist heels right
8 Clap

HEEL STRUTS FORWARD, HITCH & SLAP

9 Step left foot forward
10 Slap left hand on left hip
11 Step right foot forward
12 Slap right hand on right hip
13 Bend knees
14 Push hips left as you straighten legs
15 Bend knees
16 Push hips right as you straighten legs

LEFT AND RIGHT CHASSE WITH LASSO

17 Step right to right side
18 Close left beside right
19 Step right to right side
20 Close right beside left
(While performing steps 17-20, lasso with right arm)
21 Step left to left side
22 Close right beside left
23 Step left to left side
24 Close left beside right
(While performing steps 21-24, lasso with left arm)

PISTOL POINTS (WITH OPTIONAL HEEL JACKS)

Note: Link Hands to make gun shape and hold to chest

25 Stretch arms out to left diagonal
26 Bend elbow and return to chest
27 Stretch arms out to right diagonal
28 Bend elbows and return to chest
Option: The more experienced dancer may like to put heel jacks with these pistol points.

MARCH 1/4 TURN LEFT, ROLLING FISTS

29-32 Turn 1/4 turn left by marching on spot - Right, Left, Right, Left
Note: While marching on spot, roll left fist in front of chest and right fist above head, shouting 5, 6, 7, 8.

To be danced in a world record breaking attempt for
Children in Need at 10.30pm on November 21, 1997.