

We're So Glamorous

Choreographer: Niels B. Poulsen (Denmark)

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Type of dance: 32 counts. 4 walls. Funky rhythm
 Level: Beginner
 Music: 'Glamorous' by Natalia, 100 bpm (Album: 'Everything and More'). Buy on: www.amazon.com. Or use any other funky music, fx.: Janet Jackson 'Feedback', Lemon Ice feat. Dave 'Everybody dance', or 8 Ball & MJG Feat. Shannon Jones 'Straight Cadillac Pimpin'
 Tag: After wall 7, facing 3:00, there's a 4 count tag: Repeat the last 4 counts of the dance and restart dance.
 Intro: 16 count intro from first beat in music, app. 9 secs. into music
 Note: After wall 10, facing 6:00, there's a short break in the music but just continue dancing! I've choreographed this dance as a floor-split to Francien Sittorp's mega popular dance 'So Glamorous', but it works incredibly well to other funky tracks (see examples above)
 YouTube video: <http://www.youtube.com/watch?v=yyZTxQo3IF8>

Counts	Footwork	End facing
1 – 8	Step fw L, R heel fw, back R, point L back, REPEAT	
1 – 2	Step fw L, touch R heel fw	12:00
3 – 4	Step back on R, point L foot back	12:00
5 – 6	Step fw L, touch R heel fw	12:00
7 – 8	Step back on R, point L foot back	12:00
9 – 16	Side rock cross X3, turn ¼ L, side L	
1&2	Rock L to L side, recover weight to R foot, cross L over R	12:00
3&4	Rock R to R side, recover weight to L foot, cross R over L	12:00
5&6	Rock L to L side, recover weight to R foot, cross L over R	12:00
7 – 8	Turn ¼ L stepping back on R, step L to L side	9:00
17 – 24	3 walks fw, rock fw L, recover, 3 walks back, side R	
1 – 2	Walk fw R, walk fw L	9:00
3 – 4&	Walk fw R, rock fw L, recover weight to R	9:00
5 – 6	Walk back L, walk back R	9:00
7 – 8	Walk back L, step R to R side	9:00
25 – 32	Cross rock side, cross rock side, full circle L	
1&2	Cross rock L over R, recover R, step L to L side	9:00
3&4	Cross rock R over L, recover L, step R to R side	9:00
5 – 6	Turn L and start walking L R in a semi circle (turning ¼ L with each walk)	3:00
7 – 8	Complete your full turn walking around L R in a semi-circle (counts 5-8 form a full circle L)	9:00
	BEGIN AGAIN!	
Tag	After wall 7, facing 3:00, there's a tag: Repeat the last 4 counts and restart dance (Don't get dizzy! Look up...)	9:00