

# Rockin'

Choreographed by Anita McNab

**Description:** 32 count, 4 wall, beginner/intermediate line dance

**Music:** **Rockin' Pneumonia** by Ronnie McDowell [ 116 bpm / CD: Line Dance Fever 5 / CD: Country Dances / CD: Country Dances ] **Some Beach** by Blake Shelton

WALK FORWARD RIGHT, LEFT, SHUFFLE FORWARD RIGHT, LEFT, RIGHT

1-2 Walk forward right, left

3&4 Shuffle (forward right, left together, forward right)

ROCK LEFT FORWARD, RECOVER RIGHT, SHUFFLE 1/2 TURN TO THE LEFT

5-6 Rock left forward, recover weight onto right

7&8 Shuffle 1/2 turn left stepping 1/4 left with left, step right together, 1/4 turn left onto left (to face back wall)

WALK FORWARD RIGHT, LEFT, SHUFFLE FORWARD RIGHT, LEFT, RIGHT

9-10 Walk forward right, left

11&12 Shuffle (forward right, left together, forward right)

ROCK LEFT FORWARD, RECOVER RIGHT, SHUFFLE 1/2 TURN TO THE LEFT

13-14 Rock left forward, recover onto right

15&16 Shuffle 1/2 turn left stepping 1/4 left with left, step right together, 1/4 turn left onto left (to face front wall)

SLIDE TOUCH, AND SLIDE TOUCH AND, WALK FORWARD RIGHT, WALK FORWARD LEFT

17& Slide and touch right toe forward, slide right back in place while taking weight onto right

18& Slide and touch left toe forward, slide left back in place while taking weight onto left

19-20 Walk forward right, walk forward left

21-24 Repeat steps 17-20

ROCK RIGHT FORWARD, RECOVER ON LEFT, PIVOT 1/4 TURN RIGHT - SIDE SHUFFLE RIGHT, LEFT, RIGHT

25-26& Rock right forward across left, recover weight on left-pivoting 1/4 turn to the right

27&28 Side shuffle (side right, left together, side right)

CROSS LEFT OVER RIGHT, STEP SIDE RIGHT ON RIGHT, LEFT BACK COASTER STEP

29-30 Cross rock left in front of right, step side right onto right (weight now on right)

31&32 Step back left, step back right beside left, step forward left

REPEAT