

Mony Mony

Choreographed by: Maggie Gallagher August 2001 **Tel:** +44 (0)7950291350

Web Site: www.maggieG.co.uk

Music: "Mony Mony" from The Maggie G Experience CD: "Band Of Gold" 142 bpm

Description: Intermediate level, 1-wall line dance.

Note: Part 1 is the verse, Part 2 is the chorus. It will always be danced Verse-Chorus right through.

PART 1

WALK, WALK, POINT, CROSS, POINT, CROSS, FORWARD-ROCK

- 1,2 Step forward on right, Step forward on left
- 3,4 Point right to side, Cross step right over left
- 5,6 Point left to side, Cross step left over right
- 7,8 Rock forward on right, Recover weight onto left

1/4 RIGHT, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

- 1,2&3 Turn 1/4 right stepping right to side, Clap hands, Clap hands, Clap Hands
- &4&5 Step left together, Step right to side, Step left together, Step right to side
- 6&7,8 Clap hands, Clap hands, Clap Hands, Hold

FORWARD-ROCK, TRIPLE 1/2 TURN, FORWARD-ROCK, TRIPLE 1/2 TURN

- 1,2 Rock forward on left, Recover weight onto right
- 2&3 Triple step left, right, left making 1/2 turn left
- 5,6 Rock forward on right, Recover weight onto left
- 7&8 Triple step right, left, right making 1/2 turn right

STOMP, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

- 1,2&3 Stomp left to side, Clap hands, Clap hands, Clap hands
- &4&5 Step right together, Step left to side, Step right together, Step left to side
- 6&7,8 Clap hands, Clap hands, Clap hands, Hold

WALK, WALK, POINT, CROSS, POINT, CROSS, FORWARD-ROCK

- 1,2 Step forward on right, Step forward on left
- 3,4 Point right to side, Cross step right over left
- 5,6 Point left to side, Cross step left over right
- 7,8 Rock forward on right, Recover weight onto left

1/4 RIGHT, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

- 1,2&3 Turn 1/4 right stepping right to side, Clap hands, Clap hands, Clap hands
- &4&5 Step left together, Step right to side, Step left together, Step right to side
- 6&7,8 Clap hands, Clap hands, Clap hands, Hold

FORWARD-ROCK, TRIPLE 1/2 TURN, FORWARD-ROCK, TRIPLE 1/2 TURN

- 1,2 Rock forward on left, Recover weight onto right
- 2&3 Triple step left, right, left making 1/2 turn left
- 5,6 Rock forward on right, Recover weight onto left
- 7&8 Triple step right, left, right making 1/2 turn right

LEFT TOGETHER, LEFT TOUCH, RIGHT TOUCH, LEFT TOUCH

- 1,2 Step diagonally forward left, Step right together
- 3,4 Step diagonally forward left, Touch right together
- 5,6 Step diagonally forward right, Touch left together
- 7,8 Step diagonally forward left, Touch right together

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1,2 Touch right toe to side, Drop heel to take weight
- 3,4 Turn 1/2 right and touch left to to side, Drop heel to take weight
- 5,6 Turn 1/2 left and touch right toe to side, Drop heel to take weight
- 7,8 Turn 1/2 right and touch left to to side, Drop heel to take weight

Option Note: Do "Hairbrushes" with finger clicks (like in the 60's) on the "Yeahs"

PADDLE TURNS (FULL TURN TOTAL) Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1,2 Step forward on right, Pivot 1/4 left
- 3,4 Step forward on right, Pivot 1/4 left
- 5,6 Step forward on right, Pivot 1/4 left
- 7,8 Step forward on right, Pivot 1/4 left

PART 2**STEP, SHIMMY, TOUCH, CLAP, STEP SHIMMY, TOUCH, CLAP**

- 1,2 Step diagonally forward right with knees bent, Slide left together shimmying shoulders
- 3,4 Touch left together straightening knees, Clap
- 5,6 Step diagonally forward left with knees bent, Slide right together shimmying shoulders
- 7,8 Touch right together straightening knees, Clap

BACK STRUT, BACK, STRUT, BACK STRUT, BACK STRUT

- 1,2 Touch right toe back, Drop heel to take weight
- 3,4 Touch left toe back, Drop heel to take weight
- 5,6 Touch right toe back, Drop heel to take weight
- 7,8 Touch left toe back, Drop heel to take weight

Option Note: Do “Hairbrushes” with finger clicks (like in the 60’s) during these toe-struts.

KNEE-POP, HOLD, KNEE-POP, HOLD, KNEE LEFT, RIGHT, LEFT, RIGHT

- 1,2 ‘Pop’ your left knee in, Hold
- 3,4 ‘Pop’ your right knee in, Hold
- 5,6 ‘Pop’ your left knee in, ‘Pop’ your right knee in
- 7,8 ‘Pop’ your left knee in, ‘Pop’ your right knee in

ROLLING VINE RIGHT, ROLLING VINE LEFT

- 1-4 Step right, left, right, touch left and clap; making a whole turn right (travelling right)
- 5-8 Step left, right, left, touch right and clap; making a whole turn left (travelling left)

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1,2 Touch right toe to side, Drop heel to take weight
- 3,4 Turn 1/2 right and touch left to to side, Drop heel to take weight
- 5,6 Turn 1/2 left and touch right toe to side, Drop heel to take weight
- 7,8 Turn 1/2 right and touch left to to side, Drop heel to take weight

Option Note: Do “Hairbrushes” with finger clicks (like in the 60’s) on the “Yeahs”

PADDLE TURNS (1+1/2 TURNS TOTAL) Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1,2 Step forward on right, Pivot 1/4 left
- 3,4 Step forward on right, Pivot 1/4 left
- 5,6 Step forward on right, Pivot 1/2 left
- 7,8 Step forward on right, Pivot 1/2 left

Begin again.

Remember, simply dance all of the steps straight through.