

Lonely Drum

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Darren Mitchell - June 2017

Music: Lonely Drum - Aaron Goodvin (iTunes)



(Intro: 40 counts)

STOMP, BOUNCE, BOUNCE, BOUNCE, TOE-HEEL-STOMP, TOE-HEEL-STOMP

- 1&2& Stomp R forward, raise R heel up, drop R heel to the ground, raise R heel up,
- 3&4 Drop R heel to the ground, raise R heel up, drop R heel to the ground,
- 5&6 Touch L toe together, touch L heel together, stomp L forward,
- 7&8 Touch R toe together, touch R heel together, stomp R forward. (12:00)

PADDLE TURN, SHUFFLE ACROSS, HIP-HIP-HIP, BEHIND-SIDE-ACROSS

- 1,2 Paddle turn: Step L forward, turn 90 degrees right take weight onto right,
- 3&4 Shuffle L across in front of right: L-R-L,
- 5&6 Step R to the side pushing hips: R-L-R,
- 7&8 Step L behind right, step R to the side, step L across in front of right. (3:00)

TOE & TOE & HEEL & HEEL, TOGETHER, WALK, WALK, SHUFFLE FORWARD.

- 1& Touch R toe to the side, step R together,
- 2& Touch L to the side, step L together,
- 3& Touch R heel forward, step R together,
- 4& Touch L heel forward, step L together
- 5,6 Step R forward, step L forward,
- 7&8 Shuffle forward: R-L-R. (3:00)

PIVOT TURN, SHUFFLE FORWARD, STEP, DRAG, STEP, DRAG

- 1,2 Pivot turn: step L forward, turn 180 degrees right take weight onto right,
- 3&4 Shuffle forward: L-R-L,
- 5,6 Step R a big step forward, drag L towards right,
- 7,8 Step L a big step forward, drag R towards left. (9:00)

[32] REPEAT

Restart: at the end of wall 3, add the following 8-count tag, then restart the dance at 3:00

- 1,2 Step R forward, rock back onto left,
- 3&4 Shuffle back: R-L-R,
- 5,6 Step L back, rock forward onto right,
- 7&8 Shuffle forward: L-R-L.