

Body In Motion

Choreographed by Peter Metelnick

Description: 64 count, 4 wall line dance

Music: Angelina by Lou Bega

If I Said You Had A Beautiful Body (Dance Mix) by Bellamy Brothers

Brown Sugar by Collin Raye

RIGHT SIDE STEP, LEFT TOGETHER, RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, 1/2 LEFT TURNING TRIPLE

- 1-2 Step right foot to right side, step left foot together
- 3&4 Step right foot to right side, step left foot together, step right foot to right side
- 5-6 Rock left foot forward, recover weight on right foot
- 7&8 Turning 1/2 left step left foot forward, step right foot together, step left foot together

RIGHT SIDE STEP, LEFT TOGETHER, RIGHT SIDE SHUFFLE, LEFT FORWARD ROCK & RECOVER, 1/4 LEFT TURNING TRIPLE

- 1-6 Repeat counts 1-6
- 7&8 Turning 1/4 left step left foot forward, step right foot together, step left foot forward

RIGHT FORWARD TURNING 1/2 LEFT, LEFT KICK, LEFT COASTER STEP, RIGHT FORWARD, LEFT TOUCH TOGETHER, LEFT SIDE MAMBO

- 1-2 Step right foot forward turning 1/2 left, kick left foot forward
- 3&4 Step left foot back, step right foot together, step left foot forward
- 5-6 Step right foot forward, touch left toes together
- 7&8 Rock left foot to left side, recover weight on right foot, touch left toes together

LEFT BOX WITH 1/4 LEFT TURN

- 1-2 Step left foot to left side, step right foot together
- 3&4 Step left foot forward, step right foot together, step left foot forward
- 5-6 Step right foot to right side, turning 1/4 left on right foot touch left toes together
- 7&8 Step left foot to left side, step right foot together, step left foot to left side

WEAVE LEFT 2, RIGHT SAILOR STEP, WEAVE RIGHT TURNING 1/2 LEFT, LEFT SIDE TRIPLE

- 1-2 Cross step right foot over left, step left foot to left side
- 3&4 Cross step right foot behind left, step left foot to left, step right foot right
- 5-6 Cross step left foot over right, turn 1/2 left on right foot while lifting left foot
- 7&8 Step left foot to left side, step right foot together, step left to left side

FULL TURN LEFT TRAVELING LEFT, RIGHT CROSSING TRIPLE, LEFT SIDE ROCK & RECOVER, LEFT CROSSING TRIPLE

- 1-2 Cross step right foot over left turning 1/2 left, complete full turn left pivoting 1/2 left on right foot and stepping left foot to left side
- 3&4 Cross step right foot over left, step left foot together, cross step right foot over left
- 5-6 Rock left foot to left side, recover weight on right foot
- 7&8 Cross step left foot over right, step right foot together, cross step left foot over right

RIGHT SIDE STEP & LEFT TOUCH, 3/4 LEFT TURNING TRIPLE, RIGHT ROCK BACK & RECOVER, RIGHT FORWARD TRIPLE

- 1-2 Step right foot to right side, touch left foot together
- 3&4 Turning 1/4 left step left foot forward, turning 1/2 left step right foot back, step left foot together
- 5-6 Rock right foot back, recover weight on left foot
- 7&8 Step right foot forward, step left foot together, step right foot forward

LEFT FORWARD TURNING 1/2 RIGHT, RIGHT KICK, RIGHT COASTER STEP, LEFT FORWARD, RIGHT TOUCH TOGETHER, RIGHT SIDE MAMBO

- 1-2 Step left foot forward turning 1/2 right, kick right foot forward
- 3&4 Step right foot back, step left foot together, step right foot forward
- 5-6 Step left foot forward, touch right toes together
- 7&8 Rock right foot to right side, recover weight on left foot, touch right toes together

REPEAT